

lachelé

AESTHETICS & WELLNESS

Kybella Pre Treatment Instructions

- If you have a special event or vacation coming up, please keep in mind that you may want to schedule your treatment *at least 2 weeks* in advance. You will have swelling which can sometimes be significant.
- Please arrive to treatment with a **clean face, free of makeup and products**. Also, **remove all jewelry or piercings** from the treatment area.
- **Avoid taking anticoagulants (blood thinners) for 5-7 days prior** to treatment, if medical condition allows. Avoid herbal teas and supplements such as **fish oil, vitamin E, and multivitamins**. Also **avoid** the use of NSAIDs such as **Motrin, Advil, Aleve and Ibuprofen**.

If you have any questions or concerns, please call our offices at (855) 522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com